

## Be wild about first aid! Outdoor and Wilderness first aid training course

Erasmus+ project 2023-3-PL01-KA153-YOU-000172018

4-13.07.2025, 4.07 arrival, 13.07 departure Bran / Bucegi, Romania

### CONTRACT: PROJECT MOBILITY RULES

Foundation for the Development of Education and Tourism Rysy (the applicant organisation, further in the contract: Rysy Foundation or RF) and the rest of the partners (later on "*the organizations*") give young people/adults the opportunity to take part in international projects with young people/adults from other countries.

These projects are organised for a number of reasons, the main one being to give young people/adults the chance to meet people of their own age from other countries, develop competences and make new friends. This is part of our work to promote social justice, international understanding and peace between the people of the world.

The aims of this agreement are to:

1. Inform participants about what is to be involved in participating in this project.
2. Clarify the rights and responsibilities of the participants.
3. Foster a spirit of cooperation.

This agreement is meant as a set of rules to ensure the smooth running of the project.

#### § 1 MY RESPONSIBILITIES AND TASKS AS A PARTICIPANT

I understand that this project brings together groups of people from different countries, providing them with an opportunity to discuss and confront various themes, learning about each other's countries and cultures. I respect this. The project is held in a cooperative and tolerant manner and so prejudice of any kind is not tolerated. Therefore, I understand that I must respect everyone else on the project and be tolerant of their culture.

Furthermore, I understand that picking on someone else because they are different in some way can lead to people feeling hurt or bullied.

I understand that I have to respect other people's boundaries, physical or otherwise. This goes at all times, including informal parts of our project, for example, when dancing.

I understand that it is not acceptable to touch other people without their consent. If any inappropriate behaviour or sexual harassment is observed or experienced, please contact the responsible of the hosting organisation's team.

1. As a participant of this project, I am aware that my full involvement is needed and that certain tasks will be asked of me. I will try to make this project an unforgettable positive experience for all of us. If for any reason I cannot take part in an activity I must inform either my group leader or a member of the facilitation team of the hosting organisation in advance.

I understand that if I will not attend at least 90% of the activity, I will not be entitled to receive the reimbursement of my travel expenses.

2. I agree to participate in the evaluation and dissemination/follow ups activities offered by my sending organisation.

3. I agree that on the project the aim is to operate as a group so I must stay with the group unless given permission to leave by the organisers.

4. I am responsible for my behaviour during the project. I will respect the venue where this is taking place and will not damage any property. I will take care of the order, especially around the toilets, leave everything I use and every place I visit as I found it – or better. If (accidentally) anything breaks, I will contact one of the organisers. If I break something (by misuse) I will pay for it.

5. I will respect everyone else and their possessions, and will take care of my belongings.

6. I will do my share of the cleaning-up, etc.

7. I realise that I make a commitment to take part in the whole project.

8. To ensure a safe working environment, I agree to the safety rules. In addition, I will always carry my phone with the emergency numbers.

9. I accept that there may be occasions when I must abide by the organisers' decisions.

10. I will inform the organisers of any problems I may have so that they can be dealt with properly.

11. I understand that I cannot go out of the venue of the activity, only in exceptional situations when permission is granted by the organisers.

12. The consumption of any other drug is strictly prohibited.

13. I will:

a. demonstrate respectful behaviour towards other participants, team leaders and staff at all times. This includes showing respect for the social norms of all the participating countries, especially the norms of the host country. I will attend and contribute to all dialogue sessions and workshops in their entirety;

b. be on time: Return to the venue by agreed times and be on time for all sessions and other program activities;

c. limit the time spent doing personal work, calls, email, social media, etc. to designated free time only. I will show attention and respect;

d. understand that during free time, I will not be officially supervised (though team leaders will be reachable by phone);

e. respect the environment: Dispose of all trash in a trash bin, make efforts to conserve water, recycle where possible, etc.;

f. be considerate: Avoid playing loud music or making excessive noise during the quiet hours at the venue;

g. be responsible for my own belongings, especially valuables. I will avoid unnecessary dangers and risks to my safety, like walking alone at night, hitchhiking, etc.;

h. sleep in my assigned room only: Avoid staying overnight in rooms belonging to other group members and also to hang out without consent;

i. smoke in designated areas only and dispose of remnants in a trash bin;

j. understand that should unforeseen circumstances lead to the cancellation of the program and if I decide to travel to the host country anyway, the involved organizations are in no way responsible for me or any associated costs;

k. give the involved project organizations the right and permission to use any photographs, videos, voice recordings, quotes, interview stories, etc. of me for any purpose and in any and all media now or in the future. With regards to those, I also grant the right and permission to mention my name and home country. I can withdraw this permit at any time.

14. I do understand and agree that in case I will not respect these rules, and after being warned a couple of times (depending on the gravity of the situation) by the organisers, I might be requested to leave the project, without also not getting the travel reimbursement.

#### § 2 MY RIGHTS AS A PARTICIPANT

1. *The organizations* will cover the cost of my trips up to the predefined travel budget allowance (it can be as a refund after the activity is finished).

2. To make the project more successful, *the organizations* will organise evaluation moments during the project itself for me and other participants.

3. *The organizations* will provide food and accommodation for me during the activity.

4. *The organizations* will try to ensure a safe working environment for me but I must respect the safety rules.

5. I have the right to have the help and support of the organizers during the project. I can expect the organizers to listen to any problem I feel I need to talk about. I may expect the organizers to encourage good relations and communication between people on the project.

6. Like all other participants, I have the right to express myself in a respectful manner. I also have the right to evaluate the project. Everyone is given a say and everyone can contribute to the decisions taken during the project.

7. I understand that my data (including pictures) are processed confidentially, for the sole scope of the project, by the representative of the applicant and hosting organisations and the other sending organisations.

§ 3 Contact:

1. In order to ensure the implementation of the Agreement, the Organizer and the Participant declare that in contacts with each other they will use the following contact details:

Organiser	Foundation for the Development of and Tourism Rysy	Participant	
Address	ul. Kwiatowa 56, 62-005 Potasze	Address	
Phone no.	0048784612032	Phone no.	
email	mt@fundacjarysy.pl	email	

2. Delivery of the message to the above contact details is considered effective delivery to the other party.

3. The Participant agrees to provide contact details to other mobility participants for the purpose of communication between participants for the purposes necessary to implement this Agreement.

4. The Parties undertake to immediately inform about changes to the data indicated in section 1 and section 2, under pain of delivery to the last indicated address being deemed effective.

§ 4 By signing this document I understand and accept these rules.

I, the undersigned.....

- hereby confirm that I understand the rules as stated above and agree to adhere to these rules at all times during the program. I understand that violation of these rules may result in disciplinary action up to, and including being required by the responsible persons to immediately return to my home country/city at my own expense. In this case, I will not receive any Erasmus+ refund.
- hereby confirm that I read and accepted what is written in the infopack and the social contract of the Training Course and in Annex I: Regulations of participation in the project valid for Foundation for the Development of Education and Tourism Rysy Erasmus+ Projects and in Annex II: Foundation for the Development of Education and Tourism Rysy GDPR Regulations valid for Erasmus+ Projects
- hereby confirm that I am aware of the need to maintain a correct behavior and conform to the purposes of the Organisations and to respect the decisions of the associative bodies and hosting staff;
- aware of the aims, purposes and goals that the training course promotes;
- releasing, as it releases, hereby and for all purposes of reason and law, Foundation for the Development of Education and Tourism Rysy and any of its representatives from any and all liability, hereby renouncing now and to the fullest extent permitted by law, any claims for damages or compensation against them, for any reason whatsoever.
- I understand that participation in this project will imply taking part in outdoors activities and nature-based methodologies, and hereby declare that I fully and consciously understand its implications and potential risks that may occur, and deliberately accept to participate in this programme and that I do so as my free will, therefore accepting my sole responsibility towards my physical and mental health and safety. Therefore deliberately not attributing any responsibility to Foundation for the Development of Education and Tourism Rysy
- Moreover I hereby declare my physical and mental fitness to actively participate in outdoors activities and ecopsychology based methodologies. should there be any physical or mental conditions that may hinder my participation in the above-mentioned activities, I hereby declare that the relevant health authorities and health/mental support professionals are duly informed about my presence at this training programme and of my intention to participate in this type of activities and that this decision is supported by the relevant professional figures

Name and surname of the participant, ID number of the participant, Signature of the participant:

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Acceptance by Foundation for the Development of Education and Tourism Rysy:

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Attachments:

1. Annex I: Regulations of participation in the project valid for Foundation for the Development of Education and Tourism Rysy Erasmus+ Projects
2. Annex II: Foundation for the Development of Education and Tourism Rysy GDPR Regulations valid for Erasmus+ Projects
3. Infopack of the specific project